



PANATHLON INTERNATIONAL

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2017 PROJECT

Panathlon
FriendlyGames



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MAIN OBJECTIVES:

- Encourage young people and families to practice sports and discover a healthy lifestyle in their free time that can contribute to their physical and mental as well as social equilibrium
- Bringing children and families closer to Panathlon International's ethical values and the Olympic Movement (friendship, Fair Play, team spirit, respect and integration etc.)



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Event Objectives:



- Propose a one – day of sports or sports which require movement
- Cooperate with local sporting clubs so as to give them their own space
- Cooperate with schools



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Guidelines

- Set up working group that can define all the details of the event
- Define a budget and find potential sponsors
- Define all the elements for the event's successful outcome (follow the indications given by the sports club and of the teachers involved), including nutritional education.
- Involve as many volunteers available as possible
- Have the maximum visibility

Panathlon International will annually choose the subject of the event (ie: disability, health and sports, nutrition etc.)



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Regulations



- Establish the age of participants
- Establish which game/sports to apply (basketball, tennis, soccer, bowls, orienteering, sack race, golf rowing, vortex, relay race, scavenger hunt/tug-of-war, etc.)
- Submit to participants a questionnaire on the values of sports (provided by Panathlon International)
- Propose sport side activities (i.e.: photographic – graphic contest etc.)



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Awards Ceremony:

- Each participant will receive a certificate of participation along with a gadget



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Panathlon International will provide:

- Upon the request made by those clubs wishing to join in the event in 2018, Panathlon International will send a kit containing promotional material to be distributed among the students (a better detailed memo will follow).
- The realization of the projects will have to be successively documented by Clubs.



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Panathlon international will provide:



- **A year after the event, Panathlon International will give an award recognition to the club's organizers of the best interpretation of the project**



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